Changing Tides of History
Cruising the Baltic Sea

Sweden • Finland • St. Petersburg • Estonia • Poland • Denmark

Featuring Guest Speakers

Lech Wałęsa
Former President of Poland

and

Sergei Khrushchev
Son of Nikita Khrushchev

May 23 to June 1, 2019
Dear Fellow Columbian,

Join the Columbia Alumni Association (CAA) from May 23 – June 1, 2019, for the opportunity to explore the lands and legacies forged by centuries of Baltic history. Hear and learn firsthand from historic world leader, Nobel Peace Prize Laureate and former President of Poland, Lech Wałęsa, and from noted author and award-winning scholar Sergei Khrushchev, son of Soviet Premier Nikita Khrushchev. One of the great cruise itineraries of the world, this Baltic Sea voyage features six Baltic countries and seven UNESCO World Heritage sites. Our program is scheduled during the best time of year, as the natural phenomenon of the luminous “White Nights” begins.

Experience the culture of the Baltic States and the imperial past of St. Petersburg, Russia, while cruising aboard the specially chartered, all-Suite STAR BREEZE, featuring only 106 ocean-view Suites. In the tradition of ancient Viking mariners and medieval merchants, set forth from the cosmopolitan, royal Swedish capital and seaport of Stockholm to Denmark’s sophisticated, innovative and exceptionally “green” capital city of Copenhagen. Spend two days docked in the heart of regal St. Petersburg, featuring visits to the world-acclaimed State Hermitage Museum, the Peter and Paul Fortress and the spectacular czarist palaces at Petrodvorets and Pushkin. View the storied architecture of Helsinki, Finland; tour the well-preserved medieval Old Town of Tallinn, Estonia; explore the former Vikings site and Hanseatic League town of Visby on Sweden’s Gotland Island; and immerse yourself in the legacy of the Solidarity movement in Gdańsk, Poland. Experience the Splendors of Stockholm during the Pre-Cruise Option, and on the Wonders of Norway Post-Cruise Option, visit the vibrant city of Bergen, cruise through stunning fjordlands and enjoy one of the world’s most scenic train rides.

The CAA is a global network connecting Columbians of all Schools to one another and to the intellectual and social fabric of Columbia University, even after graduation. It links 350,000 alumni through more than 100 Regional Clubs and Shared Interest Groups, online resources, and over 200 thought-provoking programs around the world. The CAA Travel Study Program is one of the benefits offered to Columbia alumni and is an opportunity to continue one’s Columbia education through new intellectual, cultural, and geographical horizons.

This travel program features a comprehensive itinerary, Five-Star Suite accommodations, a specially arranged shore excursion in each port and all meals and gratuities. Please contact the Travel Study Program office at 866-325-8664 or travelstudy@columbia.edu for more information and to reserve your place today.

Sincerely,

Donna H. MacPhee ’89CC, P: ’17CC
Vice President for Alumni Relations
President, Columbia Alumni Association

LUXURY
Our programs are classified in three categories: Value, Superior and Luxury
U.S.
Thursday, May 23
Depart the U.S.

Stockholm, Sweden
Friday, May 24
From Sweden’s “Venice of the North,” embark the Five-Star, All-Suite STAR BREEZE and cruise through the scenic Stockholm archipelago.

Helsinki, Finland
Saturday, May 25
By special arrangement, enjoy an engaging lecture with distinguished author and scholar Dr. Sergei Khrushchev.

Named the World Design Capital in 2012, Helsinki merges the influence of Classicism and the Finnish National Romantic Movement with Functionalism, establishing design as a permanent and significant component of the city. Approach this “Daughter of the Baltic Sea,” while cruising past the 18th-century maritime fortress of Suomenlinna, a UNESCO World Heritage site. On a panoramic city tour, see the stately Senate Square, University of Helsinki, Helsinki Cathedral, Kaivopuisto Park, Parliament Building and Finlandia Hall by the South Harbor and visit the sprawling, modernistic Temppeliaukio Church, or “Church of the Rock,” impressively hewn into solid natural bedrock.

After exploring the lively Market Square at leisure, reboard the ship and attend the Captain’s Welcome Reception.

St. Petersburg, Russia
Sunday, May 26
Founded in 1703 as his “Window on the West,” St. Petersburg is Peter the Great’s extraordinary vision.

Cruise into the heart of the city and continue to the UNESCO World Heritage-designated Grand Palace of Petrodvorets, commissioned by Peter the Great to rival the Palace of Versailles, and its elaborately landscaped grounds, encompassing two centuries of imperial style, executed to perfection. Return to the ship by hydrofoil.

Enjoy a specially arranged, guided tour of the incomparable State Hermitage Museum. One of the world’s greatest art repositories, the UNESCO World Heritage-designated museum was the former palace of Catherine the Great. Its prestigious collections are rivaled only by the museum’s lavish interior.

St. Petersburg
Monday, May 27
Visit the imperial compound of Pushkin and the elaborate rococo Catherine Palace, a UNESCO World Heritage site, highlighted by the jewel-encrusted Amber Room, said to be the “Eighth Wonder of the World.”

Savor a lunch of local Russian specialties and vodka while enjoying a traditional Cossack dance performance. Enjoy a panoramic tour of St. Petersburg UNESCO World Heritage-designated historic center,

Cover photo: Spanning 14 small islands, where shimmering Lake Mälaren meets one of the largest archipelagos in the Baltic Sea, Stockholm preserves its splended medieval and Renaissance architecture.

Photo this page: Peter the Great himself partially engineered the resplendent plexus of waterfalls, fountains and statues that adorns the foreground of the opulent Grand Palace at Petrodvorets.
where landmarks are scattered across more than 40 islands linked by more than 300 bridges. See exquisite examples of Russian Baroque and neoclassical architecture along the main thoroughfare, Nevsky Prospekt; the ornate Church of the Savior on Spilled Blood (Church of the Resurrection of Christ), built on Emperor Alexander II’s assassination site; and the 19th-century St. Isaac’s Cathedral, whose striking golden dome crowns the city’s skyline.

Visit St. Petersburg’s first building, the Peter and Paul Fortress, constructed to secure the country’s access to the sea, and the Baroque Cathedral of Saints Peter and Paul, where 32 czars, from Peter the Great to Nicholas II, the last of the Romanovs, are interred.

Tallinn, Estonia
Tuesday, May 28
Tallinn’s UNESCO World Heritage-designated Old Town, has remained virtually unchanged for 600 years, largely escaping the ravages of World War II. During the walking tour, see the landmark Alexander Nevsky Cathedral, the 13th-century Church of St. Nicholas and Toompea Castle, the seat of Estonia’s Parliament. Visit the medieval Town Hall, the only intact Gothic-style hall in Northern Europe. During leisure time, wander Tallinn’s incredibly preserved Old Town before returning to the ship.

Visby, Gotland Island, Sweden
Wednesday, May 29
Call at the Baltic island of Gotland, rich with Swedish history and abundant Viking and medieval sites. The UNESCO World Heritage-designated Old Town of Visby, the former Baltic center of the Hanseatic League, is arguably the best preserved medieval city in Scandinavia. On the walking tour through the cobbled streets of this “city of roses,” see 13th-century walls and original medieval architecture, tour the Gotlands Historical Museum and view the interior of the Cathedral of St. Mary; enjoy leisure time in the Market Square.

Gdańsk, Poland
Thursday, May 30
A former flourishing Hanseatic League port, today Gdańsk proudly displays its restored, late Renaissance and Baroque patrician mansions in the Stare Miasto (Old Town). Stroll along the pedestrian-only Droga Królewsk (the Royal Route) and the Long Wharf to see the magnificent Neptune’s Fountain and the 14th-century Artus Court, a Gothic guildhall inspired by Britain’s legendary King Arthur. In 1980, shipyard workers led by Lech Wałęsa founded the Solidarity movement, the first independent trade union in Eastern Europe and key to winning Poland’s struggle against Communism.

Tallinn, a hub of culture and commerce since the Hanseatic League, reflects its history in the 600-year-old Gothic spires and gables.
Visit the historic Lenin Shipyard, where the movement began, see its Monument to the Fallen Shipyard Workers and meet the leader of the Solidarity movement, former President of Poland and Nobel Peace Prize Laureate Lech Wałęsa on board the ship this evening, where he will present his perspective on Solidarity, globalization and progress in the region.

Cruising the Baltic Sea
Friday, May 31
Spend the day at leisure cruising the Baltic Sea while enjoying a series of enriching lectures and the Captain’s Farewell Reception this evening.

Copenhagen, Denmark/U.S.
Saturday, June 1
Arrive in colorful Copenhagen, Denmark’s world-class capital. Disembark and continue on the Wonders of Norway Post-Cruise Option or depart for the U.S.

Splendors of Stockholm
A Royal Seaport and Capital City
Pre-Cruise Option
Handsome Stockholm is a harmonious blend of medieval Renaissance and modern architecture showcased across 14 small islands connected by more than 23 bridges. Visit the magnificent City Hall, the site of the annual Nobel Prize banquet. Walk through the Gamla Stan (Old Town) and visit the maritime museum built to house the Vasa, the world’s only preserved 17th-century warship. Spend two nights in the ideally located Sheraton Stockholm Hotel.

Wonders of Norway
Copenhagen ● Oslo ● Fjords ● Bergen
By Coastal Ferry and Flåm Mountain Railway
Post-Cruise Option
Immerse yourself in majestic Norwegian landscapes and Scandinavian culture on this unique five-night journey from Copenhagen to Bergen. Enjoy an exclusively chartered cruise along Copenhagen’s idyllic canals, the highlights of vibrant Oslo and a private cruise into UNESCO World Heritage-designated Naeroyfjord. Travel through pristine fjordlands on the Flåm Railway, one of the world’s most scenic train rides, amid snowcapped mountains and alpine lakes. Tour the historic city of Bergen, including Bryggen (the old wharf), a UNESCO World Heritage site, and visit Trolldhaugen, the home of famed composer Edvard Grieg. Spend four nights in comfortable hotels, including the historic Stalheim Hotel, and one night aboard an award-winning Seaways ferry.

Pre- and Post-Cruise Options are available at additional cost. Details will be included with your reservation confirmation.
Balcony Suite

Exclusively Chartered, Five-Star mv Star Breeze

Five-Star, All-Suite, Small Ship
Enjoy intimate, Five-Star cruising at its finest aboard the Star Breeze, renovated and relaunched in 2015. Among Travel + Leisure magazine’s “World’s Best,” this small ship can dock in ports inaccessible to larger vessels and celebrates traditional “sail aways” on deck.

With Our Compliments
A host of complimentary indulgences awaits you—flowers and fruit in your Suite to welcome you aboard, house wine with dinner, all alcoholic and nonalcoholic beverages throughout the cruise and in your Suite minibar, specialty coffees and light snacks in the Yacht Club, and 24-hour room service. And, shipboard gratuities are included.

Life On Board
Offering educational presentations, panoramic views, nightly entertainment and quiet retreat, the ship’s tastefully appointed public areas include a large lounge, two bars, library with computers, spa, fitness center, casino and outdoor whirlpool and counter-current pool. The ship has two elevators.

Only 106 Spacious Luxury Suites
Ideal for private viewing of passing landscapes are the Classic Suites, each with a private, furnished veranda, and the French Balcony Suites, with an expansive sliding glass door and wooden railing. Ocean-View Suites have one picture window. Each of the Five-Star Suites features individual climate control, one queen bed or two twin beds, a private bathroom with shower (most with full bathtub), sitting area and luxurious amenities, including flat-screen television, Wi-Fi access, safe, walk-in closet, plush robes and slippers.

World-Class Dining
The elegant dining room serves contemporary international cuisine and accommodates all guests in a single seating. You may enjoy breakfast and lunch in the indoor-outdoor restaurant or reserve a table for alfresco evening dining.

Award-Winning Service
With a ratio of one crew member for every 1.5 guests, you will enjoy personal and attentive service. There is a physician and medical facility on board.
Included Features

Acclaimed Guest Speakers
- Poland’s former President and Nobel Peace Prize Laureate Lech Wałęsa.
- Scholar and author Sergei Khrushchev, son of Soviet Union Premier Nikita Khrushchev.

On Board the Exclusively Chartered, Five-Star, All-Suite, Small Ship STAR BREEZE
- Eight-night cruise from Stockholm, Sweden to Copenhagen, Denmark.
- Spacious, Five-Star ocean-view Suite.
- Captain’s Welcome and Farewell Receptions.
- Complimentary alcoholic and nonalcoholic beverages available throughout the cruise.
- All meals aboard ship.
- City tour of Helsinki featuring a visit to Temppeliaukio Church.
- Tour of the storied port city of Gdańsk, including its historic Lenin Shipyard and Old Town.

UNESCO World Heritage Site Highlights
- View of the old fortifications of Suomenlinna in Helsinki.
- City tour of St. Petersburg, featuring a visit to the impressive Peter and Paul Fortress.
- Specially arranged entry to St. Petersburg’s world-renowned State Hermitage Museum.
- Excursions to Peter the Great’s Petrodvorets and Catherine Palace in Pushkin, featuring the acclaimed Amber Room—including a lunch of traditional Russian specialties.
- Walking tour of Tallinn’s lower town and Town Hall Square.
- Walking tour of Visby, a historic former Hanseatic city on the island of Gotland.

Always Included
- Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s).
- Experienced, English-speaking local guides for included excursions.
- Gratuities to shipboard personnel and to local guides and drivers on included excursions and transfers.
- Group visa is included for excursions in Russia.
- Complimentary bottled water in your Suite and on excursions.
- Hospitality desk aboard the ship.
- Experienced Gohagan & Company Travel Director at your service.
- Complimentary use of an audio headset during guided excursions.
- Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
By exclusive arrangement, Lech Wałęsa, former President of Poland (1990 to 1995), Polish hero and international icon in the pursuit of freedom and democracy, will meet with our group on board the Star Breeze. From his position as a marine electrician in Gdańsk’s Lenin Shipyard, Mr. Wałęsa emerged as a world-renowned figure in the struggle against Communism during the 1980 shipyard workers’ strike and the establishment of the Polish Solidarity labor movement. Despite winning the right to form an independent union, Mr. Wałęsa and Solidarity continued to confront the Soviet-backed regime of General Wojciech Jaruzelski, which jailed Mr. Wałęsa and imposed martial law in Poland in December 1981. Mr. Wałęsa was awarded the Nobel Peace Prize in 1983, a watershed moment widely considered to have been the first crack in the Soviet Union’s Iron Curtain, which crumbled with the Berlin Wall in 1989. Mr. Wałęsa became the first foreign non-head of state to address a joint meeting of the U.S. Congress in 1989.

A distinguished author and scholar, Dr. Sergei Khrushchev is the son of former Soviet Premier Nikita Khrushchev (1957-1964) and a former Visiting Professor of Slavic Studies at Brown University, where he also served as a Senior Fellow at the Watson Institute for International Studies. Dr. Khrushchev’s research has focused on the history of the Cold War and the turning points in relations between the U.S. and the Soviet Union in the Khrushchev, Eisenhower and Kennedy eras; the history of Soviet missiles and space development, in which he played an active role; and the Soviet Union’s transformation from centralized to decentralized government and market economy. He co-authored his father’s memoirs, The Time, the People, the Power (1999), and translated them into English (2005-2007). Dr. Khrushchev is a popular commentator for the American media and the author of more than 350 books and articles, including Khrushchev on Khrushchev (1990), Nikita Khrushchev: Crisis and Missiles (1994) and Nikita Khrushchev and the Creation of a Super Power (2000).
MV Star Breeze

All FINAL PAYMENTS are required to be made by check or wire transfer. Card Number ___________________________________________________________________________________________ ______________

Wonders of Norway Post-Cruise Option.

Program reservations require a deposit of $800 per person and $200 per person Splendors of Stockholm Pre-Cruise Option.

For more information: Phone: (866) 325-8664 (toll free) email: travelstudy@columbia.edu www.Alumni.Columbia.edu/Travel

Please make my/our reservation(s): Splendors of Stockholm Pre-Cruise Option

To: Copenhagen, Denmark

From: Saint Petersburg, Russia

Title Full Name (exactly as it appears on your passport) School/Degree/Year

Street Mailing Address (no P.O. Box number please)

City State Zip Code

Email Address Columbia UNI

Preferred Name(s) on Badges

Tour No. 034-05/23/19-021

Program reservations require a deposit of $800 per person and $200 per person Splendors of Stockholm Pre-Cruise Option and/or $200 per person Wonders of Norway Post-Cruise Option.

Enclosed is my/our check(s) for $ ___________ as deposit.

I/We authorize you to charge my/our deposit of $ ___________ to: Visa MasterCard

Card Number Exp. Date

By forwarding the deposit for this travel program, I/we acknowledge that I/we have read and accept the Release of Liability, Assumption of Risk and Binding Arbitration Agreement in this brochure.

Singles are available in category 5 at $14795, in category 4 at $15295 and in category 2 at $17195 on or before November 2, 2018. Add $1000 for reservations made after November 2, 2018.

CRUISING THE BALTIC SEA RESERVATION FORM

Send to:

Columbia Alumni
Travel Study Program
P.O. Box 930
Riverside, CT 06878
or fax: (203) 724-0844

Land/Cruise Tariff excluding taxes*

Per person, based on double occupancy

Early Booking Tariff* through Nov. 2, 2018

Tariff* after Nov. 2, 2018

1 French-style private balcony (floor-to-ceiling sliding glass door and wooden railing). Deck 5, midship.

$10395 $11395

1 French-style private balcony (floor-to-ceiling sliding glass door and wooden railing). Deck 6, midship.

$10995 $11995

Classic Suite II

Large Suite with French-style glass doors and private furnished veranda, two obstructed-view picture windows, queen bed and living/dining room. Deck 6, midship. (limited availability)

$11695 $12695

Classic Suite I

Larger Suite with French-style glass doors and private furnished veranda, full wall of front-view picture windows, queen bed and living/dining room. Deck 5, forward. (limited availability)

$12995 $13995

Owner’s Suite

Larger Suite with glass door onto private furnished veranda, full wall of front-view picture windows, queen bed, additional private powder room, larger living/dining room. Deck 6, forward. (limited availability)

$13995 $14995

 mandatory (floor-to-ceiling sliding glass door and full wall of front-view picture windows, queen bed and living/dining room. Deck 5, forward. (limited availability) $7695 $8695

$9695 $10695

$9295 $10295

$8995 $9995

$7695 $8695

$6995 $7995

$10595 $11595

Upgraded Economy

Economy Class

Business Class First Class

Note: Airfare is subject to change and availability and is nonrefundable.

1 We want you to book my/our air, at an additional cost to be advised, from:

(fill in departure city)

1 We will make my/our own air arrangements.

1. Taxes are an additional $295 per person and are subject to change.

2. STAR BREEZE has been specially contracted for this tour, and the applicable deck plan is available on request from Gohagan & Company and reflects the only valid cabin categorization of the vessel.


4. Double occupancy (two twin beds).

5. Double occupancy (one queen bed).


7. Complete balcony.

8. Deck 6, forward.


10. Deck 4, midship.

11. Deck 3

12. Deck 2

13. Deck 1
Finland’s capital city of Helsinki showcases elegant Jugendstil architecture along its picturesque harbor.

RELEASE OF LIABILITY, ASSUMPTION OF RISK AND BINDING ARBITRATION AGREEMENT
RESPONSIBILITY: Columbia University, its agent, TSS LLC, and operator, Gohagan & Company, as well as their employees, shareholders, subsidiaries, affiliates, officers, directors or trustees, successors, and assigns (collectively “Gohagan”), do not own or operate any entity which is to or does provide goods or services for your trip including, for example, lodging facilities, airline, vessel, or other transportation companies, guides or guide services, local ground operators, providers or organizers of optional excursions, food service or entertainment providers, etc. All such persons and entities are independent contractors. As a result, Gohagan is not liable for any negligent or willful act or failure to act of any such person or entity or of any other third party.

In addition and without limitation, Gohagan is not responsible for any injury, loss, death, inconvenience, delay, or damage to person or property in connection with the provision of any goods or services whether resulting from, but not limited to, acts of God or force majeure, acts of government, acts of war or civil unrest, insurrection or revolt, fires from by attack, animals in insects, pests, or other labor activities, criminal or terrorist activities of any kind or the threat thereof, sickness, illness, epidemics or the threat thereof, the lack of availability of or access to medical attention or the quality thereof, overcrowding or downsizing of accommodations, mechanical or other failure of airplanes, vessels, or other means of transportation, or for any failure of any transportation mechanism to arrive or depart timely or safely.

If to weather, flight schedules or other uncontrollable factors, you may be required to spend an additional night(s), you will be responsible for your own hotel, transfers and meal costs. Baggage is entirely at owner’s risk. The traveler is responsible for her/his own baggage from the airport, hotel, ship, train or bus to the trip site. In the event of loss, theft, damage or delay to baggage, Gohagan will not be responsible for any refund, replacement, claims or service charges. In the event of any loss of personal baggage or money, it is the responsibility of the traveler to report such to the loss and recovery department of the airline, the hotel or the ship.

Gohagan reserves the right to change the itinerary or trip features at any time and for any reason, with or without notice, and Gohagan shall not be liable for any cost or inconvenience caused thereby. Gohagan reserves the right to substitute motorcoach transportation using hotels, inns or lodges for other trip segments if necessary due to weather, water conditions or other unforeseeable events. Gohagan reserves the right to substitute lecturers. The Columbia Alumni Association may make any change in an itinerary or substitute lecturers. The Columbia Alumni Association may also cancel a trip due to insufficient enrollment or for any reason, with or without notice, and Gohagan shall not be liable for any cost or inconvenience caused thereby.

Gohagan is not responsible therefor and is not required to compensate the traveler for any such changes. Ship schedules, port calls, hours of arrival and departure, sightseeing events, special programs and guest lecture series (if applicable), are subject to change or cancellation. Gohagan reserves the right to substitute motorcoach transportation using hotels, inns or lodges for any reason whatsoever; if so, its sole responsibility is to refund monies paid by the passengers under these circumstances. Gohagan may cancel a trip (or an option) for any reason, with or without notice, and Gohagan shall not be liable for any cost or inconvenience caused thereby; if so, its sole responsibility is to refund monies paid by the participant to it. Gohagan, however, is not responsible under these circumstances to refund any monies paid by the traveler to the air carriers, cruise lines, railroads, travel insurance companies, any third party operator or any other party. If Gohagan cancels a trip (or an option) for any reason, with or without notice, and Gohagan shall not be liable for any cost or inconvenience caused thereby. If Gohagan cancels a trip, without refund, any person Gohagan judges to be incapable of meeting the physical and mental rigors and requirements of participating in the activities, or who is abusive to other trip participants, leaders or third parties, or who Gohagan determines to detract from the enjoyment of the trip by others. Specific room/cabin assignments are on a space available basis.

TRIP CANCELLATIONS: Cancellations for all or any part of the trip including Pre/Post Program(s) reservation(s) will not be effective until received in writing in the offices of the Columbia Alumni Travel Study Program. You should have to cancel the following terms will apply: reservation cancellation(s) are subject to a $200 ($50 Pre/Post Program(s)) per person administrative fee from the time of booking through 120 days prior to departure; from 95 through 119 days prior to departure, $800 ($200 Pre/Post Program(s)) per person; from 60 through 94 days prior to departure, 50% of the published full regular tariffs; cancellations 59 days or less prior to departure, a no-show, or early return from the trip will result in forfeiture of 100% of the published full regular tariffs. In addition, any applicable airline cancellation fees, optional excursion cancellation fees and administrative fees may apply.

TRIP INSURANCE: We strongly recommend that you purchase trip cancellation insurance. In the event that you must cancel your participation in a trip, trip cancellation insurance may be the only source of reimbursement. Additional information on insurance options will be sent upon receipt of your reservation.

RATES: Prices quoted are based on fares in effect at the time of printing and are subject to change at any time. On land and/or cruise programs, even after payment, Gohagan reserves the right to increase the tour price in the event of cost increases due to changes in supplier costs, currency fluctuations or fuel or energy surcharges and all such increases are to be paid to Gohagan upon notice to the trip participant of such increases. On programs which include Gohagan purchased interstate or international air (which originates or returns to the United States), no increased costs will be passed on after final payment except for subsequently imposed governmental tax increases.

REGISTRATION: Cancellation or changes to this Agreement, the brochure or any other literature concerning the trip, or the trip itself, shall be resolved exclusively by binding arbitration pursuant to the Federal Arbitration Act, 9 U.S.C. Sections 1-16, whichever is not to any part of this contract is void or voidable. Please understand that by agreeing to these terms and conditions, the participant and Gohagan are waiving the right to a trial by jury.

ACCEPTANCE OF CONTRACT: By forwarding of deposit, the participant certifies that he/she does not have any mental, physical or other condition of disability that would create a hazard for him/herself or other participants and accepts the terms contained in this Release of Liability, Assumption of Risk and Binding Arbitration Agreement.

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